



# RSST News

November 9, 2009

## Fundraising for Competition Skaters

Grayson/Ogies will be starting shortly. Emails will be sent out about this fundraiser soon. Watch for details! CanSynchro skaters not participating in competitions are welcome to participate in the fundraisers by purchasing from fellow skaters.

## Christmas Party

RSST is planning a Christmas party for all teams on Dec. 17 at the Doug Wick Arena. There will be a pot luck and maybe even a family skate and a visit from Santa! Please keep this date open and stay tuned for details!

## Winter Season Oct 1 - March 15 Schedule

<b>CanSynchro</b>	Mondays Balfour	6:30 - 7:30 pm
<b>Pre-Novice</b>	Thursdays DWA	5:45 Off Ice
		6:45 - 8:15 On Ice
<b>Adult II</b>	Mondays Balfour	7:45 - 8:45 pm
	Thursdays DWA	7:15 Off Ice
		8:30 - 9:45 On Ice
<b>Adult III</b>	Tuesdays Balfour	7:00 Off Ice
		8:00 - 9:30 On Ice

## Competitions

January 16 & 17 Rosebowl Calgary, AB  
 February 5 & 6 Regionals Morris, MB

## Exhibition Skates

Thursday, January 14<sup>th</sup> & Sunday, February 21<sup>st</sup>.  
 Details to follow!

\*\*Club Directory will be available in the next couple of weeks. Please check your skaters skate bags.

## Olympic Torch Relay Event

**Date:** January 9, 2010

**Time:** 4:00-6:00 PM

**Rink:** Evraz Place

**Cost:** FREE!

To celebrate the Olympics and local sport, the City of Regina and dozens of sport clubs across the city are hosting showcases that both feature our local athletes and invite the general public to get involved with our sports.

Skate Regina will host a two-hour showcase at one of the new Evraz Centre rinks and all Skate Regina members are invited to be a part of the showcase and invite their friends and family members to come skate at the new rink.

We are planning an exciting event that features an Olympic-themed opening number with all STAR skaters, a CanSkate spotlight, STAR Skate spotlight, synchro spotlight, and adult and Special Olympics spotlight.

If you are interested in participating in this event, please let your team manager know.

Volunteers for this event are also needed! If you can spare a few hours on January 9 to help with tasks like organizing the skates, giving out hot chocolate, or promoting our club to the general public please let us know!

## Commitment:

- ◆ Attend a one-hour practice on January 9 prior to the showcase to learn group number
- ◆ Skate in the group number, which will repeat four times between 4 and 6 pm
- ◆ Come dressed in your assigned Olympic color (details to follow)